

Help and Support

Check out these organisations and websites for more information on what violence is and how you can help to stop violence. We all have a role to play.

If you're involved in or affected by violence, it's never too late to get help, please contact an organisation below.



**I am
greater**



I am greater campaign website, to help you find support services and things to do in your local area.

www.iamgreater.co.uk/help-and-support/



Free, safe, anonymous online support for young people aged 11-18 in Greater Manchester. Offering counselling and emotional wellbeing support.

www.kooth.com



If you or a friend feel pressure to carry a knife, there are things you can do, Knifefree can help.

www.knifefree.co.uk



childline

Need to talk? Childline is yours – a free, private and confidential service where you can talk about anything.

www.childline.org.uk



A safe place to give information about crime 100% anonymously.

www.fearless.org/en